Van Meter	April 6, 2023	Score: 68	Place: 5th						
Event		**Performance**	**Place**		**Performance**	**Place**		**Performance**	**Place**
Shot Put	Emma Wiebold	31-04	6th	Emily Ely	26-0	14th			
Discus	Erin Ades	113-06	1st	Emma Wiebold	99-10	5th	Josalyn Elmquist	54-7	20th
High Jump	Noelle Johnson	04-08	4th	Tatum Waltz	4-2	10th			
Long Jump	Joslyn Messler	13-7		Alexis Wheeler	10-10.50	16th	Norah Baber	11-10	13th
Event					**Performance**	**Place**			
Sprint Medley	Kelsea Moorman	Carly Busch	Sydney Adams	Natalee Danner	1:59.84	3rd			
3000 m									
4X800									
Shuttle Hurdle									
Event		**Performance**	**Place**		**Performance**		**Place**		
100 m	Sydney Adams	13.45	5th	Erin Ades	13.99	9th	Taylor Arringdale	14.43	10th
Distance Medley	Mady Davidson	Joslyn Messler	Elaina Wadzinski	Sierra Sherry	5:06.04	5th			
400 m	Natalee Danner	65.26	4th	Carly Busch	65.98	6th			
4X200	Kelsea Moorman	Taylor Arringdale	Erin Ades	Sydney Adams	1:57.68	4th			
100 m Hurdles	Alexis Wheeler	18.98	9th	A'lana Ferguson	20.83	11th			
800 m	Avery Chesnut	3:00.36	10th	Lila Crouthamel	2:54.06	8th			

200m	Joslyn Messler	29.42	6th	Taylor Arringdale	32.57	15th			
400 m Hurdles									
1500 m	Sierra Sherry	6:38.17	11th	Avery Chesnut	6:41.03	12th			
4X100	Kelsea Moorman	Natalee Danner	Erin Ades	Sydney Adams	53.22	4th			
4x100 Non-Scoring	Mady Davidson	Norah Baber	Tatum Waltz	Noelle Johnson	58.85	4th			
4X400	Carly Busch	Elaina Wadzinski	Joslyn Messler	Natalee Danner	4:39.97	4th			